

JANUARY 2021

Tigerton School District

This Institution is an equal opportunity employer,

Monday Tuesday

Wednesday

Thursday

Friday



CEREAL

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

PANCAKES

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

CEREAL CHEESE STICK

6

13

20

27

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

BLUEBERRY MUFFIN FRUIT SMOOTHIE

Assorted Fruit 1% White Milk Or FF Chocolate Milk

FRUDEL

Assorted Juice Assorted Fruit 1% White Milk Or 8

29

BAGEL CREAM CHEESE/JELLY

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

CINNAMON TOAST CRUNCH PASTRY

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

CEREAL CHEESE STICK

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

PUMPKIN CHOCOLATE CHIP MUFFIN & YOGURT

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

BANANA BREAD

FF Chocolate Milk

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

18

UNCRUSTABLE Assorted Juice

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

CEREAL CHEESE STICK

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

CHOCOLATE MUFFIN 2 FRUIT SMOOTHIE

Assorted Fruit 1% White Milk Or FF Chocolate Milk

CHOCOLATE BREAD 27

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

NO SCHOOL

CEREAL BAR 25

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

PUMPKIN BREAD

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

CEREAL CHEESE STICK

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

BANANA MUFFIN YOGURT

Assorted Juice Assorted Fruit 1% White Milk Or FF Chocolate Milk

UBR BAR

Assorted Juice
Assorted Fruit
1% White Milk
Or
FF Chocolate Milk

All grains on this menu are whole, unless otherwise noted.

Assorted juice flavors include: Apple, Grape, Orange, Fruit Punch, Cherry Star, Wango Mango, and Dragon Punch Assorted fruit includes: Apples, Pears, Bananas, Craisins, Raisins, Peaches, Tropical Fruit, Mixed Fruit Cocktail, Mandarin Oranges, and Applesauce

