2019-2020 BREAKFAST

TIGERTON SCHOOL DISTRICT—Daycare and 3K

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1	Assorted Cereal Cheese Stick	Pancakes	Pumpkin Muffin Yogurt	Uncrustable	English Muffin Sandwich
Week 2	Assorted Cereal Cheese Stick	Banana Bread	Apple Muffin Yogurt	Assorted Cereal Cheese Stick	Bagel
Week 3	Assorted Cereal Cheese Stick	Pancake Wrap	Banana Muffin Yogurt	Cereal and Fruit Smoothie	Breakfast Pizza
Week 4	Assorted Cereal Cheese Stick	Bagel	Blueberry Muffin Yogurt	Breakfast Hot Bar Assorted Crackers	Omelet

The daily student breakfast meal also includes a choice of: 1% white milk or fat free chocolate milk, Chilled 100% fruit juice and assorted canned or fresh fruit.

All grains on this menu are whole unless otherwise noted.

Items are subject to change based on availability

This institution is an equal opportunity employer.

This is a 4 week rotating monthly menu and it will remain the same for the duration of the school year.

GO TIGERS!!!



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