

COVID-19

Tigerton Fitness Center Rules

Your health and safety is our highest priority! While extra measures will be part of our new normal, understand that using the Fitness Center is AT YOUR OWN RISK.

New safety measures in place are as follows:

1. Limited to 3 members working out at a time (temporary). Please limit your workout to no more than 45 minutes to be considerate of those waiting.
2. Members should maintain a minimum distance of 6 feet from others while exercising. Please practice social distancing when waiting for machines to open.
3. Members should clean and sanitize equipment before and after use.
4. Please wash your hands before and after each workout.
5. Please bring your own water bottle. Bathrooms will be open but the drinking fountains will be turned off.
6. Limit the items you touch within the gym to only the items necessary for your workout.
7. Plan your workout ahead of time to avoid lingering and socializing.
8. If you are sick or experiencing any symptoms, please stay home.
9. If you get the urge to cough or sneeze, cover your nose and mouth with a paper towel. Wash your hands and face thoroughly before returning to your activity.
10. Avoid using lifting gloves or other personal items that are not easily cleaned.
11. It is not required, but we encourage members to wear face coverings whenever not exercising
12. The Tigerton School District has the right to refuse service to anyone exhibiting symptoms or not following facility guidelines.