



BREAKFAST

OCTOBER 2021

Tigerton School District

We are an equal opportunity employer
All menu items subject to change without notice.

Monday

Tuesday

Wednesday

Thursday

Friday

UBR Bar

4

Assorted Juice
Assorted Fruit
Milk

Banana Muffin

5

Cheese Stick
Assorted Juice
Assorted Fruit
Milk

Mini Donuts

6

Assorted Juice
Assorted Fruit
Milk

Cinnamon Bread

7

Assorted Juice
Assorted Fruit
Milk

Breakfast Sandwich

Assorted Juice
Assorted Fruit
Milk

Uncrustable

8

Assorted Juice
Assorted Fruit
Milk

Cereal
Sausage Stick

11

Assorted Juice
Assorted Fruit
Milk

Chocolate Muffin
Yogurt

12

Assorted Juice
Assorted Fruit
Milk

Smoothie
Chex Mix

13

Assorted Juice
Assorted Fruit
Milk

Pumpkin Bread

14

Assorted Juice
Assorted Fruit
Milk

Breakfast Hot Bar

15

Scooby Snack
Assorted Fruit
Assorted Juice
Milk

Pop Tart

18

Assorted Juice
Assorted Fruit
Milk

Apple Muffin

19

Cheese Stick
Assorted Juice
Assorted Fruit
Milk

Frudel

20

Assorted Juice
Assorted Fruit
Milk

Zucchini Bread

21

Assorted Juice
Assorted Fruit
Milk

Breakfast Sandwich

22

Assorted Juice
Assorted Fruit
Milk

Cereal
Sausage Stick

25

Assorted Juice
Assorted Fruit
Milk

National Pumpkin Day
Pumpkin Chocolate Chip
Muffin/Yogurt

26

Assorted Juice
Assorted Fruit
Milk

Yogurt
Granola

27

Assorted Juice
Assorted Fruit
Milk

National Chocolate Day
Chocolate Donuts

28

Assorted Juice
Assorted Fruit
Milk

NO SCHOOL

29

All grains on this menu are whole, unless otherwise noted.

Milk offerings – 1% white, fat free chocolate and fat free strawberry.

Assorted juice flavors include: Apple, Grape, Orange, Fruit Punch, Cherry Star, Wango Mango, and Dragon Punch

Assorted fruit includes: Apples, Pears, Bananas, Craisins, Raisins, Peaches, Tropical Fruit, Mixed Fruit Cocktail, Mandarin Oranges, and Applesauce